

Lancashire Health and Wellbeing Board

Meeting to be held on 5 June 2015

Six Shifts to Improve Health and Wellbeing – final report

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Executive Summary

Through its Health and Wellbeing Strategy, the Lancashire Health and Wellbeing Board identified a number of important shifts in the way partners across Lancashire work together. These shifts in behaviour would fundamentally challenge the way that the wider health economy currently works and would improve health and wellbeing within the resources that will be available to us. The six shifts are:

- Shift resources towards interventions that prevent ill health and reduce demand for hospital and residential services
- Build and utilise the assets, skills and resources of our citizens and communities
- Promote and support greater individual self-care and responsibility for health; making better use of information technology and advice
- Commit to delivering accessible services within communities; improving the experience of moving between primary, hospital and social care
- Make joint working the default option
- Work to narrow the gap in health and wellbeing and its determinants

After extensive engagement with partners, a full report has been produced and can be accessed through the following link [Six Shifts to Improve Health and Wellbeing - final report](#)

Recommendations

The Health and Wellbeing Board is asked to:

- Agree that Board members will work to embed the six shifts in their respective organisations
- Agree that each organisation considers the six shifts as part of their business plans
- Agree that this evidence base informs future planning and priorities for the Health and Wellbeing Board

Background

The Board requested that a joint strategic needs assessment (JSNA) style approach was used to build an evidence base and identify activity that supports the development of each of the six shifts. This work has been undertaken by a wide range of colleagues from the wider health economy, with the leads for each shift coming from various partner organisations.

A number of engagement events have been undertaken over the last year that has ensured widespread participation from stakeholders. This evidence and engagement, overseen by the Joint Officers Group has informed the content of this report together

with evidence provided through the NHS Five Year Forward View, Lancashire's Better Bare Fund Plan, Healthier Lancashire and the Marmot Review.

The Six Shifts – final report highlights the excellent work that is already being done and that contributes to making the six shifts a reality. It also shows how far we need to go to make this a Lancashire wide reality and that the continuing and active engagement of all partners is essential to the success of these shifts.